

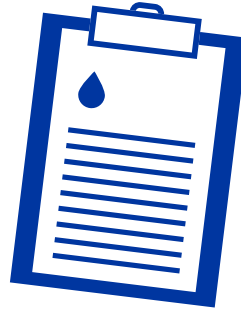
# You're Just Our Type

Nearly  
**8%**  
of blood collected on mobiles  
comes from high schools

during the 2016-17 school year

**109**

HIGH SCHOOLS  
throughout Colorado  
HOSTED BLOOD DRIVES



**8,391**  
DONORS  
REGISTERED



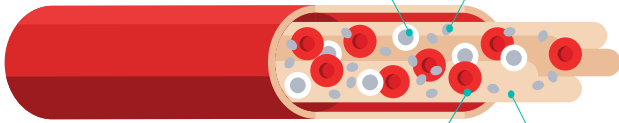
**7,239**  
UNITS  
COLLECTED



Blood contains 4 types of cells:

WHITE CELL (help fight infection)

PLATELETS (help blood clot)



RED CELL (carry oxygen  
throughout the body)

PLASMA (help with severe  
burns and clotting disorders)

**142,200**

Donations were collected in 2016 across Colorado

## 4 EASY STEPS TO BLOOD DONATION:

STEP  
**1**

quick  
physical



STEP  
**2**

health history  
questionnaire



STEP  
**3**

blood  
donation



STEP  
**4**

snacks



TO DONATE BLOOD YOU MUST:

be in good health, weigh at least 110 pounds and be at least 16 years old.

## GIVING BLOOD

**2 to 4**  
times a year

will help prevent  
**BLOOD SHORTAGES**  
especially over the summer  
and winter school breaks

**ALL**  
BLOOD TYPES  
ARE NEEDED

to support the community  
blood supply

GET INVOLVED TODAY! It's easy and rewarding! Ask your friends to join you.  
Become a blood drive coordinator or volunteer.

